



Pack your essentials in case of an emergency

SUNCORP 



Pack your emergency kit today so you are ready for floods, storms and cyclones

In an emergency, there may not be time to get everything you need together. You should make an emergency kit so you are always ready. Your kit should have enough supplies in case services such as power, water, and telephones are not available. Make a kit for each person.

Use this booklet to help make your kits.



TIP

Check your kit each season to make sure the supplies are fresh and safe to use.

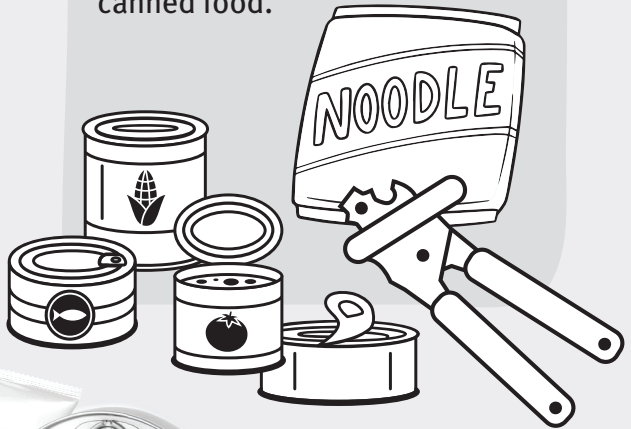


FOOD AND WATER ITEMS

- ☐ Bottled water
- ☐ Non-perishable food
- ☐ Can opener

Pack enough food and water for three days for each person.

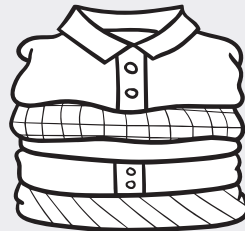
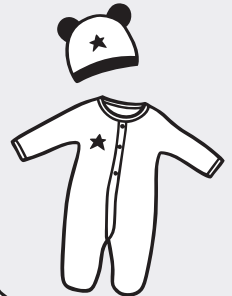
Include items like dried and canned food.





MEDICAL AND PERSONAL ITEMS

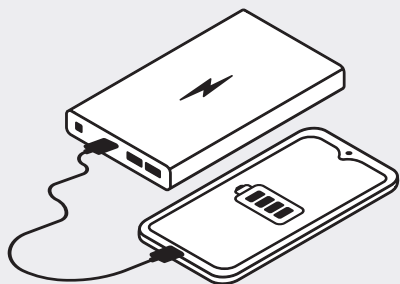
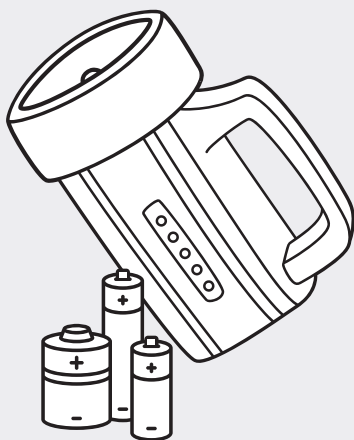
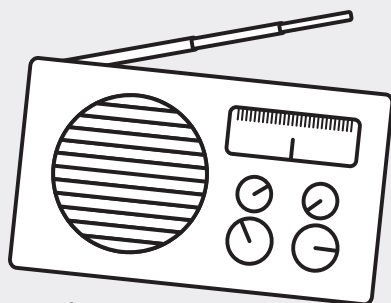
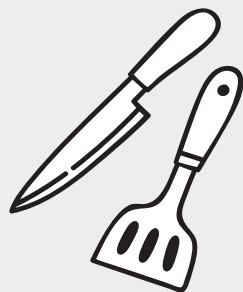
- ☐ First aid kit
- ☐ Medication and prescriptions (including glasses)
- ☐ Toiletries (toothbrush, soap, toothpaste, toilet paper, etc.)
- ☐ Warm clothing and shoes (for everyone)
- ☐ Sturdy gloves (for clean-up and preparations)





SELF-POWERED ITEMS

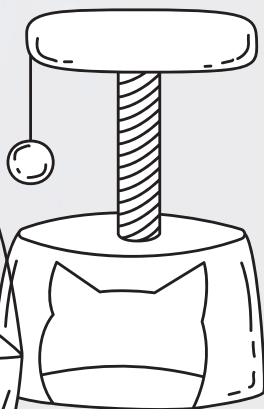
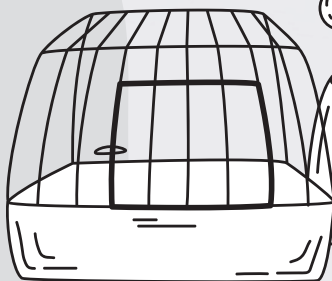
- ☐ Torch
- ☐ Portable phone charger and cable
- ☐ Battery powered radio
- ☐ Extra batteries
- ☐ Cooking equipment





PET SUPPLIES

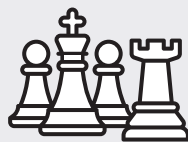
- ☐ Food
- ☐ Toys
- ☐ Bedding
- ☐ Medication



OTHER ITEMS

List anything else you need to include:

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐



IMPORTANT DOCUMENTS

- ☐ Emergency phone numbers
- ☐ Passports / identification
- ☐ Cash
- ☐ Insurance papers
- ☐ Bank documents
- ☐ Birth and Marriage certificates
- ☐ Property Deeds
- ☐ Photographs

If you need to leave your home, take these items with you:

- ☐ Emergency kit
- ☐ Mobile phone
- ☐ Bedding (blankets, pillows, sleeping bags)
- ☐ Car and house keys
- ☐ Toys and games
- ☐ Valuables

TIP

Store documents in waterproof bags.



Health Insurance

Form No. 1445/1212

☐ VOID ☐ CORRECTED

Part I Recipient Information

1 Member
2 Member's name
3 Member's sponsor's name
4 Policy start date
5 City or town
6 Recipient's name
7 Recipient's sponsor's name
8 Recipient's address
9 Recipient's date of birth
10 Recipient's sex
11 Policy termination date
12 State or province
13 Street address
14 Country and ZIP

Part II Covered Individuals

A. Covered individual
B. Covered individual (DOB)
C. Covered individual (date of birth)

Part III Coverage Information

18
19
20
21 January
22 February

Monthly premiums
Monthly second lowest cost silver plan (SLCSP) premium

PASSPORT



More information:
🔍 **GET YOUR KIT TOGETHER**



www.ses.qld.gov.au



© State of Queensland (State Emergency Service) 2024
All Queensland Emergency Services material in this document -except any material protected by a trademark graphics, and unless otherwise noted - is licensed under a Creative Commons Attribution 4.0 license.

SES00126 06/21B